



**SUBJECT:** Children Moving PE Equipment

**RECIPIENTS:** All Schools and Children's Centres

**ISSUE DATE:** Oct 2014

**REF:** HSB50

## Introduction and background

A complaint has recently been made to Lincolnshire County Council following an alleged observation by an individual of school children lifting and carrying heavy wooden benches in bare feet after a PE lesson. Although this has not been fully corroborated there is clearly potential for a child to receive a serious and unnecessary injury in such circumstances.

The following action is recommended:

### Action:

1. Review or prepare a manual handling risk assessment and identify if any children are asked/required to move physical education equipment before, during and at the end of any PE lesson. Establish if children should actually be used to move such items.
2. If children are required to move physical education equipment, ensure they do not move it in bare feet.
3. Consider in your assessment the task, load, environment, individual/s and other factors including lack of suitable footwear.
4. Children should always be directly supervised and monitored if they are required to move any physical education equipment.

Reference: [Lincolnshirechildren.net](http://Lincolnshirechildren.net)

Physical education: <http://microsites.lincolnshire.gov.uk/Download/40341>

**If you require further assistance or clarification on the subject please contact:**  
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