



SUBJECT: Advice on Low Level Working

RECIPIENTS: Adult Care, Children's Services and All Schools

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At floor level

Research shows that 88% of early years and primary education professionals have suffered musculo-skeletal pain which they feel is work-related.

Staff working at low heights with young children in child-focussed environments have an increased risk of pain due to the very nature of the job – often adopting awkward postures, lifting furniture and equipment, carrying resources and children.



National Back Exchange – Working at Floor Level Guidance Leaflet

- Do staff have any lower limb discomfort that affects their ability to work at a low level?
- Do staff experience back pain when working at a low level?
- Do staff regularly spend more than 15 minutes working in a kneeling or squatting position



If carers answer **YES** to one or more of these questions then National Back Exchange have produced a guidance leaflet to help reduce injuries to staff. A Web version copy is available via the link below. Original copies can be purchased from NBE see: [NBE Working at Floor Level Leaflet](#)

If you require further assistance or clarification on the subject please contact:
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