

## Examples of Interventions for use with the Lincolnshire Ladder of Behavioural Intervention

Intervention	Who is it for?	Areas of support	Who can provide the support	Where can I find more information?
<b>Attachment Based Mentoring</b>	Foundation stage to secondary	SEMH Attachment difficulties	TAs, Teachers	<a href="https://www.teachingtimes.com/ecj56-attachmentbasedmentoring/">https://www.teachingtimes.com/ecj56-attachmentbasedmentoring/</a>
<b>Coaching</b>	Children of any age	Support for the child to develop a vision of success, identify strengths and steps forward	Staff in school who have been trained	<a href="https://set.et-foundation.co.uk/resources/coaching-to-inspire-learners">https://set.et-foundation.co.uk/resources/coaching-to-inspire-learners</a>
<b>Social and Emotional Aspects of Learning (SEAL)</b>	Foundation Stage to Secondary	Develops emotional literacy skills for all children	Teachers, TAs	<a href="#">SEAL Resources</a>
<b>Motivational Interviewing</b>	10 years plus	SEMH – particularly to support behavioural change	Educational Psychologist Trained teacher, TA, learning mentor	<a href="https://motivationalinterviewing.org/understanding-motivational-interviewing">https://motivationalinterviewing.org/understanding-motivational-interviewing</a>
<b>Nurture Groups</b>	Early Years to Secondary	SEMH	Trained member of school staff	<a href="https://www.nurtureuk.org/supporting-you/nurture-groups/">https://www.nurtureuk.org/supporting-you/nurture-groups/</a>
<b>From Timid to Tiger</b>	3 to 11 years	Anxiety	Mental health professionals, Trained school staff	<a href="#">Introduction to Timid to Tiger</a>
<b>Lego Therapy</b>	Primary and Secondary Child needs certain level of language	Autism Social communication difficulties	Staff trained by an Educational Psychologist	<a href="#">What is Lego Therapy? and How can it Help?   SALT &amp; Light</a> <a href="https://www.learnsendhub.co.uk/">https://www.learnsendhub.co.uk/</a>
<b>THRIVE</b>	Primary and Secondary	SEMH Attachment difficulties	Teachers, TAs	<a href="https://www.thriveapproach.com/">https://www.thriveapproach.com/</a>
<b>Circle of Friends</b>	Primary and Secondary	Social skills and friendships Social isolation	TAs, Teachers	<a href="https://happylearners.info/management/circle-of-friends.html">https://happylearners.info/management/circle-of-friends.html</a>
<b>Emotion Coaching</b>	Foundation Stage to Secondary	Emotional literacy Social problem solving	TAs, Teachers, Learning Mentors	<a href="#">Introduction to Emotion Coaching</a> <a href="https://www.bathspa.ac.uk/projects/emotion-coaching/">https://www.bathspa.ac.uk/projects/emotion-coaching/</a>

<b>Emotionally Literate Support Assistant (ELSA)</b>	Early Years to Secondary	Difficulties with peer relationships Self-esteem and confidence	Teaching assistants, Learning mentors	<a href="https://www.elsa-support.co.uk/">https://www.elsa-support.co.uk/</a> <a href="https://www.learnsendhub.co.uk/">https://www.learnsendhub.co.uk/</a>
<b>Drawing and Talking</b>	Early Years to Post 16	Attachment-based therapeutic intervention designed to complement CAMHS and other specialist therapies	Trained member of school staff	<a href="https://drawingandtalking.com/">https://drawingandtalking.com/</a>
<b>Solution Focused Coaching</b>	Primary to Post 16	Practical and solutions focused intervention to solving behavioural difficulties - all problems can be seen as skills in need of development	Trained member of school staff	<a href="#">Introduction to Solutions Focussed Coaching</a>
<b>Restorative Practice</b>	Primary to Post 16	building relationships, improving behaviour and resolving conflict	Trained member of school staff	<a href="https://carrmanor.org.uk/restorative-practice/">https://carrmanor.org.uk/restorative-practice/</a>
<b>LumiNova App</b>	7 – 12 Years	Moderate Anxiety	Parental supervision	<a href="https://luminova.app/lincolnshire">https://luminova.app/lincolnshire</a>
<b>PACE</b>	Primary to Post 16	Trauma and Attachment difficulties	Teachers, TAs	<a href="#">8 Top Tips for Using Dan Hughes' PACE in the Classroom with Pupils Who Have a Lived Experience of Trauma and Unmet Attachment Needs - +ProActive Approaches</a>