



Supporting victims of domestic abuse and their families since 1987

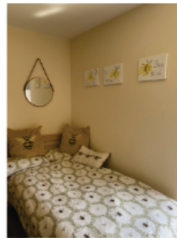
How you can help

We are so thankful to our amazing supporters who continue to make such a positive impact on the work we do, whether that is through a regular donation or a one-off.

Every donation we receive goes towards helping victim-survivors of domestic abuse and their families and truly makes a difference to those in need. You can make donations online, either by scanning the QR code on this page, or through our website.

Our Sponsor A Room project helps us to redecorate and refurbish our refuge rooms to keep them warm and welcoming for victims who have fled their home in crisis for their own and their children's safety.

Donating to Sponsor A Room helps us to provide a safe and warm welcome to survivors, such as providing essential food, clothing and school uniforms for children. Sponsoring A Room means we can replace items when a family leaves refuge such as bedding, towels, blinds and toiletries. If you, your business or community group would like to discuss this project, please email chloew@bostonwa.co.uk



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Haven Domestic Abuse Service previously known as Boston Women's Aid SoLDAS has been delivering domestic abuse services across South Lincolnshire since 1987; we are an active member of Lincolnshire Domestic Abuse Partnership and WAFE (Women's Aid Federation of England).

Our staff are experienced practitioners and are passionate about making a difference to people's lives.



We are passionate about supporting the recovery from domestic abuse through safe accommodation and the delivery of recovery projects and educational projects throughout Lincolnshire

Contact Us

Haven Domestic Abuse Service
PO Box 5
Boston
Lincolnshire PE21 8JP
Charity number: 519445



Scan. Pay. Go.

For help and advice please call
01205 311272
or email info@havendas.org.uk
In an emergency contact the police on 999
www.havendas.org.uk





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Our Services

The services we deliver have evolved and developed over the years. Whilst providing a safe refuge for victims fleeing domestic abuse (male and female), and their children remains our prime focus, we also:

- Deliver Community Hubs across the area giving one-to-one support to victims;
- We work in all primary and secondary schools in South Lincolnshire delivering workshops and supporting pupils who disclose domestic abuse;
- Our trained volunteers mentor survivors who feel they still need low-level support;
- Offer holistic programmes of recovery and development that support survivors and their children to engage fully in a meaningful and empowered way.

This list is by no means exhaustive and we are constantly seeking to widen our offer.

Our Rural Community Hubs



Spalding - Tuesday 10am-2pm
Holbeach - Thursday 10am-12pm
Boston - Wednesday 10am-2pm
Sutton Bridge - Thursday 10am-12pm
Long Sutton - Thursday 12pm-2pm

Translation and Interpretation services available.

To book an appointment:
Email us: info@havendas.org.uk
Call us: 01205 311272

What is domestic abuse?

Domestic abuse is the exercise of control by one person over another, aged over 16, within an intimate or close family relationship. This definition includes so called 'honour' based violence, female genital mutilation (FGM) and forced marriage, and is clear that victims are not confined to one gender or ethnic group.

It is usually a pattern of behaviour, and happens regardless of sex, age, career responsibility, class, disability, gender identity, immigration status, ethnicity, geography or religion.

Domestic abuse can include:

- Coercive control (a pattern of intimidation, degradation, isolation and control with the use or threat of physical or sexual violence)
- Psychological and/or emotional abuse
- Physical or sexual abuse
- Financial or economic abuse
- Harassment and stalking
- Online or digital abuse



"He was my first boyfriend, my first intimate partner and the father to our son. He told me what I could and could not wear, he had my bank card, he stopped me from seeing family and friends because he did not like them"

"My wife would hack into my social media accounts, accuse me of cheating and tell my children that I was a 'waste of space'. She would also take my money and spend it on alcohol"

"My partner tells me every day that I am worthless and ugly, he tells me that I will never find anyone better than him. When he hurts me he bruises me in places that no one would see and then says he is sorry and will not do it again. The cycle then repeats a few days later"