

Promoting educational outcomes for **our children** and **young people**

TRAINING OFFER 2024–2025



WORKING IN PARTNERSHIP EMPOWERING MINDS CHAMPIONING ASPIRATIONS





Welcome to the Virtual School Training Offer	3
<u>Caring2Learn</u>	3
The Caring Schools Audit Tool	5
Designated Teacher Pathway	6
How to book	8
E-Learning & Training Events	9
<u>Governor Training</u>	19
Annual Conference - Hold the Date	20
Contacting the Virtual School	21
Click the 🕋 icon to return to this page	

Welcome to the Virtual School Training Offer

I am delighted to share the revised Virtual School Training Offer for the 2024-5 academic year. The booklet details a range of training, workshops and briefings aimed at Designated Teachers for looked-after children and other relevant staff in education settings to develop their skills, confidence and understanding in supporting the education of children in care, those previously in care and children with a social worker. All our workshops are offered free of charge to schools, education and early years settings in Lincolnshire and education settings who have children in the care of Lincolnshire on roll.

Do not hesitate to contact us to discuss the training available and also whether a bespoke offer can be designed for your individual setting, group of schools/settings or academy trust.

I would like to take this opportunity to thank you for your continued support for our children in care, children previously in care, care leavers and children with a social worker. I hope these training opportunities will further develop and enhance your skills in meeting the needs of our most vulnerable young people.

Soon lare-

Sarah Lane Lincolnshire Virtual School Head

Caring2Learn

Caring2Learn began in 2018 as a research project funded by the Department for Education through the Partners in Practice programme. It is now our embedded approach, developed in Lincolnshire with the overall aim of supporting the improvement of a wide range of outcomes for children and young people made vulnerable by adversity. Caring2Learn is about improving the outcomes of our most vulnerable children and young people by improving the skills, knowledge and confidence of all those who educate and care for them so that they can provide **learning homes** and **caring schools**.

We aim to support all the team around the child to understand the impact of trauma and adverse childhood experiences on behavioural and emotional presentation and also



recognise the importance of stability in education and home and the importance of trusted relationships with adults as a critical strength and protective factor for young people. We want all education settings to be confident in nurturing vulnerable children and young people so they are protected, make good progress and achieve in education. We want all our young people to feel safe and to feel that they belong in their home, school and community in order to provide them with a solid foundation to have the confidence to go on to learn, be aspirational and achieve their full potential.

A trauma informed approach and whole school ethos enables schools and education settings to create and enhance felt safety, build connected relationships and build social, emotional and resiliency skills for both the young people and adults within their contexts.

In Lincolnshire we call this a Caring School and have developed the Caring2Learn approach to work together with the whole team around the child to promote a wide range of improved outcomes and life chances.



We offer a range of learning and development opportunities based around our Cornerstones of Good Practice. You will find many of our workshops and training are attended by a mixed group of education staff, foster carers, kinship carers and children's services practitioners. This is based on our Triad of Success model. It is through this we can



share a wide range of experiences and perspectives and ensure we are developing effective relationships so that we can truly work together on an equal basis to ensure the best outcomes for our children and young people.



The Caring Schools Audit Tool

We have developed the online Caring Schools Audit Tool as a good practice framework and

to support schools and education settings to aid self-evaluation as part of their ongoing development and improvement planning. The online audit tool is designed to help you assess and develop all the ways your setting supports the children and young people in your care to overcome barriers to learning and achieve their full potential.



The Caring Schools Audit Workshops will guide you through the process of using the online audit tool as part of your whole-school self-evaluation process.



Designated Teacher Pathway

Specifically for Designated Teachers and Assistant Designated Teachers, the Lincolnshire Virtual School team has developed a training pathway to support and enhance your understanding and knowledge of the needs of our children and their families. We recognise that the Designated Teacher role can provide a unique challenge. We want to ensure that you are supported to meet these challenges so that all Lincolnshire schools and education settings where our children learn are 'children in care ready' and are meeting the needs of children in care alongside those previously in care and children with a social worker. The training pathway is designed to guide you through the range of courses available depending on your level of knowledge or experience in the role and includes a range of e-learning, face to face, and remote events delivered by the Virtual School team.

Clicking on the links below for each individual course will take you to the information and booking links for that course.

Introductory Training

- <u>Designated Teachers (Anspear e-learning module)</u>
- An Introduction to the Role and Responsibilities of the Designated Teacher and the Virtual School in Lincolnshire
- <u>SDQs: what they are, why we do them, and how to</u> <u>complete them</u>
- An Introduction to the Lincolnshire ePEP system
- An Introduction to Trauma Awareness
- <u>Caring Schools Audit Workshop</u>
- An Introduction to Restorative Practice
- Virtual School Briefings



Designated Teacher Pathway

Intermediate Training

- The Role of the Designated Teacher in Meeting the Needs of Children in Care
- <u>The Role of the Designated Teacher in Meeting the</u> <u>Needs of Children Previously in Care</u>
- STT Assessments: what are they and how they are used to support learning at school and at home
- Language Development & Trauma for Foster Carers
 <u>& Schools</u>
- <u>A Relationship Based Approach to Inclusion</u>
- An Introduction to Social Pedagogy
- <u>Virtual School Briefings</u>
- Understanding Dyslexia for Foster Carers & Schools
- <u>Kids Skills: Solution Focused Coaching</u>
- <u>Creating Calm: Emotional Regulation for Children &</u>
 <u>Adults</u>
- Supporting Grief, Loss & Positive Endings
- Sleep Workshop: Supporting Sleep, Nightmares & Night Terrors
- Relational Repair
- <u>Restorative Practice Deep Dive</u>
- Understanding AHHD & FASD from a Carers
 Perspective
- <u>Virtual School Briefings</u>

Enhanced Training

How to Book

We have a dedicated booking website to book on any of the courses or workshops advertised in this booklet.

To browse through all of the training on offer click on the 'book now' button. To book directly onto an individual



event click on the underlined links which are listed in the following pages of this booklet and you will be re-directed to the specific booking page for that event.

When you go to the main booking page you will see the range of events listed. Just select

An Introduction to the Role and	Microsoft Teams	2 October 2024, 09:30-11:00
Responsibilities of the Designated		22 January 2025, 13:30—15:00
Teacher and the Virtual School in		22 January 2023, 13.00 13.00
Lincolnshire		17 June 2025, 09:30—11:00

the course, workshop or event you wish to book, scroll through the calendar or select the specified date and time you would like to book. Fill in the form with the requested information. You will then be sent a confirmation email including all the information and links you need to attend the virtual or face to face events.



If you have any problems at all accessing the booking website please email us at: virtualschooltraining@lincolnshire.gov.uk



E-Learning & Training Events

Anspear e-learning modules

Lincolnshire Virtual School would like all Designated Teachers to complete the **Designated Teachers** module as essential learning; the remaining modules are optional. The modules available are:



Designated Teachers

Essential Pastoral Care Pathway

- Attachment
- Family Issues
- Medical Conditions
- Mental Health
- Social Needs
- Working with Parents

• Promoting Inclusion

Advanced Pastoral Care Pathway

- Beat Bullying
- Supporting Adopted Children
- Supporting EAL Learners
- Trauma & ACEs
- Understanding CSE
- Understanding Street Gangs

To access the e-learning modules, please contact <u>virtualschooltraining@lincolnshire.gov.uk</u>

An Introduction to the Role and Responsibilities of the Designated Teacher and the Virtual School in Lincolnshire

This live workshop provides further detail for Designated Teachers and Assistant DTs on their role in relation to the Lincolnshire approach, along with a question and answer session for any queries arising from the e-learning. **Please note: the Designated Teachers Anspear e-learning module must be completed prior to attending this course.**

An Introduction to the Role and		2 October 2024, 09:30—11:00
Responsibilities of the Designated	Microsoft Teams	22 January 2025, 13:30—15:00
Teacher and the Virtual School in		17 June 2025, 09:30—11:00







Training Events

SDQs: what they are, why we do them, and how to complete them

This session will enable participants to get a better understanding of the Strengths and Difficulties Questionnaire (SDQ). Why we complete the SDQs for Children in Care, and how they should be completed to help meet our children's needs. This course is aimed at DTs/ADTs, Foster Carers / Parents and Children's Services professionals.

SDQs: what they are, why we do them, and how to complete them	Microsoft Teams	26 September 2024, 09:30—11:00 15 January 2025, 13:30—15:00 12 June 2025, 09:30—11:00
--	-----------------	---

An Introduction to the Lincolnshire ePEP System

This session will provide you with an overview of the electronic Personal Education Plan (ePEP) system that is used by Lincolnshire Virtual School. You will learn how to access and navigate the system, as well as what goes in each section of the child's PEP. This will be tailored to explain the responsibilities of each user with regards to the PEP, including Designated Teachers, Social Workers, Independent Reviewing Officers, Foster Carers/ Parents and Residential Keyworkers. There will be the opportunity to ask questions as part of this session. This course is suitable for school staff, foster carers/ parents and Children's Services professionals who use the Lincolnshire ePEP system.

An Introduction to the Lincolnshire ePEP System	Microsoft Teams	9 October 2024, 13:30 – 15:00 27 February 2025, 09:30 – 11:00 18 June 2025, 09:30 – 11:00
--	-----------------	---







An Introduction to Trauma Awareness

This workshops looks at the impact of adverse childhood experiences (ACEs) on our children leading to developmental and relational trauma. We will consider and explore the ways we can better understand and meet the needs of children who have experienced ACEs, neglect, abuse and trauma and offer appropriate support and care. We also explore how we can put theory into practice on an interaction by interaction basis to support effective learning.

This course is aimed at all education professionals—academic and pastoral and Children's Services professionals and Foster Carers.

Event:	Venue:	Date & Times:
An Introduction to Trauma Awareness	Newland Room, Lincolnshire County Council, County Offices, Newland, Lincoln, LN1 1YL	4 October 2024, 10:00—14:00
An Introduction to Trauma Awareness	Sleaford Rugby Club, David Wil- liams Pavilion, East Road, Sleaford, NG34 8SP	12 February 2025, 10:00—14:00
<u>An Introduction to Trauma</u> <u>Awareness</u>	The Barn Hotel & Spa, Toll Bar Road, Grantham, NG32 2HT	26 June 2025, 10:00—14:00
An Introduction to Trauma Awareness (Virtual Two Part Course)	Zoom	<u>5 & 12 December 2024, 19:00–</u> <u>21:00</u> <u>12 & 19 March 2025, 12:00–14:00</u> <u>3 & 10 June 2025, 10:00–12:00</u>





Caring Schools Audit Workshop

For all early years, schools and education settings who are interested in finding out more about the new Caring Schools Online Audit Tool. This informal virtual workshop sessions will introduce you to the new online audit tool and how it can help you self-evaluate your school or education setting's wider trauma informed practice and provision and support better outcomes for your most vulnerable learners. Full access to the online audit tool is provided free of charge to Lincolnshire schools and settings.

Event:	Format:	Date & Times:
Caring Schools Audit Workshop	Microsoft Teams	31 October 2024, 13:00—14:30 21 January 2025, 15:00—16:30 3 June 2025, 13:00—14:30

An Introduction to Restorative Practice

Restorative and relational practice describes an approach which enables us to build and maintain healthy relationships, resolve difficulties and repair harm when relationships breakdown. We will introduce the principles of RP and explain how they can transform your school's approach to building relationships and resolving conflict with children, young people and adults. (Developed in partnership with Mark Finnis, L30 Relational Systems)

This course is aimed at all education professionals—academic and pastoral and Children's Services professionals and Foster Carers.

Event:	Format:	Date & Times:
An Introduction to Restorative Practice	Zoom	1 October 2024, 19:00—21:00 24 February 2025, 10:00 –12:00 7 May 2025, 13:00—15:00







The Role of the Designated Teacher in Meeting the Needs of Children in Care



This workshop moves on from the introductory workshop for Designated Teachers and offers newer and experienced DTs the opportunity to further explore their roles and responsibilities. It covers topics including what makes an effective PEP, and how to use Pupil Premium to improve outcomes.

The role of the Designated		7 November 2024, 13:00—15:00
Teacher in meeting the needs of	Microsoft Teams	28 January 2025, 09:30—11:30
<u>children in care</u>		29 April 2025, 09:30—11:30

The Role of the Designated Teacher in Meeting the Needs of Children Previously in Care

This workshop shares good practice on identifying and meeting the needs of children previously in care, such as adopted children and those living under a special guardianship order including interventions available and the effective use of Pupil Premium Plus.

The role of the Designated		17 October 2024, 13:30—15:00
Teacher in meeting the needs of	Microsoft Teams	30 January 2025, 09:30—11:00
children previously in care		1 May 2025, 13:30—15:00

STT Assessments: what they are and how they are used to support learning at school and home

At specific points during our children's education, the Virtual School commission the specialist teaching team (STT) to help identify if there are any under developed areas of underlying and cognitive needs that may be a barrier to their learning and provide recommendations to support progress. This session will look at what STT assess, how the assessments are carried out, and what the findings can mean for both school and home when supporting our children's learning. Suitable for education staff & foster carers.

STT Assessments: what they are and how they are used to support learning at school and home	Microsoft Teams	5 November 2024, 18:30—19:30
---	-----------------	------------------------------



Language Development & Trauma for Foster Carers & Schools

Suitable for foster carers and education/school staff, this workshop led by LCC's specialist language teachers', ECLIPS, will look at how trauma can impact on the development of language and understanding for our young people, and what can be provided to support them in their homes to enable success.

Language Development & Trauma for Foster Carers & Schools	Microsoft Teams	13 March 2025, 10:00—12:00

A Relationships Based Approach to Inclusion—Policy & Practice

In this workshop aimed at senior leaders in schools, we explore the impact of Attachment and Relational Trauma on children and young people in education settings. We address the implications for school wide behaviour policies and practice and consider guidance, advice and practical strategies provided by experts in the field of developing Attachment Aware and Trauma Informed Schools.

<u>A Relationship Based Approach to</u> Inclusion – Policy & Practice	Zoom	20 September 2024, 09:30—11:30 16 January 2025, 13:00—15:00 9 May 2025, 13:00—15:00
--	------	---

An Introduction to Social Pedagogy

Social Pedagogy describes a holistic approach to the social and emotional development of a child or young person. It is essentially concerned with the well-being, learning and growth of the whole child. Social Pedagogy provides opportunities for excellent support for direct work with children in both the home and school setting as well as by Children's Services Practitioners so this workshop is also suitable for a wide range of Education professionals and Foster Carers.

An Introduction to Social Pedagogy	Zoom	16 October 2024, 19:00—21:00 6 February 2025, 10:00—12:00 23 April 2025, 12:00—14:00
---------------------------------------	------	--









Understanding Dyslexia for Carers & Schools

This workshop is delivered by Dyslexia Outreach Specialist Teachers and will offer an introduction to dyslexia –what it is, how it impacts on learning, and what can be done to support the child's needs at home.

This session is aimed **predominantly for carers, but school and education professionals** are welcome to join to refresh their knowledge and discuss working together to meet the child's needs.

Understanding Dyslexia for Carers <u>& Schools</u>	Microsoft Teams	16 June 2025, 18:30—19:30
---	-----------------	---------------------------

Kids Skills: Solution Focused Coaching

Developed from the work of Dr Ben Furman and Dr Geoff James, Kids Skills or Solution Focused Coaching is the art of 'skills thinking'. How to convert issues and problems into learnable skills. A practical and solutions focused intervention to solving behavioural difficulties faced by children and young people with the premise that practically all problems can be seen as skills in need of development. The solutions focused approach is suitable for implementing individually as an intervention or as a group wide approach and has also been used successfully by parents and Foster Carers in the home. We offer both an introductory virtual session or a more in-depth Face to Face training in Kids Skills.

<u>Kids Skills: Solution Focused</u> <u>Coaching</u>	The Venue, Grantham Road, Navenby, Lincoln, LN5 OJJ	12 December 2024, 10:00—14:00
<u>Kids Skills: Solution Focused</u> <u>Coaching</u>	Zoom	25 February 2025, 10:00—12:00 19 May 2025, 13:00—15:00







Creating Calm: emotional regulation for children and adults

This workshop is a practical introduction to educational neuroscience and includes approaches to supporting emotional regulation, self-care and wellbeing for adults and children. It introduces the concepts of mindfulness and the 5 ways to wellbeing and provides a range of practical strategies and resources which can be used with individuals and groups of children and adults of all ages. This session is suitable for a wide range of school/education professionals, Children's Service staff and Foster Carers.

<u>Creating Calm: emotional</u> regulation for children and adults	The Venue, Grantham Road, Navenby, Lincoln, LN5 OJJ	11 November 2024, 10:00—14:00
<u>Creating Calm: emotional</u> regulation for children and adults	Zoom	25 March 2025, 10:00—14:00
<u>Creating Calm: emotional</u> regulation for children and adults	Newland Room, Lincolnshire County Council, County Offices, Newland, Lincoln, LN1 1YL	7 July 2025, 10:00—14:00

Supporting Grief, Loss and Positive Endings

In a supportive and safe environment this workshop explores grief and loss in their widest sense with a focus on the experiences of vulnerable children and young people and how different types of grief and loss impact on them. We will explore aspects of bereavement, grief and loss and offer practical strategies and resources for supporting children and young people. We will also consider transitions and how to facilitate effective positive endings for young people moving on in many different contexts. This session is suitable for a wide range of school/education professionals, Children's Service staff and Foster Carers.

Supporting Grief, Loss and Positive Endings	Zoom	3 October 2024, 13:00—15:00 11 March 2025, 19:00—21:00 16 May 2025, 10:00—12:00
--	------	---







Sleep Workshop: Supporting Sleep, Nightmares and Night Terrors



Sleep can be a real challenge for many adults and children. Children that have experienced trauma are more likely to find falling asleep and staying asleep difficult. In this workshop we will explore the science of sleep and how we can help establish routines that help promote a restful night's sleep. In addition to this we look at how we understand nightmares and night terrors, exploring ways to support these through interventions recommended by sleep and trauma experts. By attending this workshop education staff will be able to advise and signpost parents and carers to further support.

Sleep Workshop: Supporting Sleep, Nightmares and Night	Zoom	17 October 2024, 19:30—21:30 13 February 2025, 10:00—12:00
<u>Terrors</u>		19 June 2025, 10:00—12:00

Relational Repair—Supporting children to trust others and invest in relationships



This workshop focuses on Relational Trauma and we will explore the reasons why children may be afraid to trust others, get close and form healthy relationships and friendships. We will explore intervention resources, offer practical advice and strategies for education staff and Foster Carers supporting and caring for children.

Relational Repair: Supporting children to trust others and invest	Zoom	9 October 2024, 19:00—21:00 24 March 2025, 12:00—14:00
in relationships		6 June 2025, 10:00—12:00



Restorative Practice Deep Dive (Two Day Course)

This two day face to face training programme will review the theory and principles of Restorative and Relational Practice and explore in more depth how they can transform your approach to building relationships, improving behaviour and resolving conflict with individual children and young people within your care or within your education setting as a whole. Restorative Practice can be transformative for both children and adults and this deep dive training will give you the theory, practice and strategies to really make a difference in your home or school. Please note both days must be fully attended to complete this training. This training is aimed at senior leaders or education staff who will be leading on RP in schools or Children's Services professionals and Foster Carers who want to deepen their knowledge and application of Restorative Practice.

	Boston Enterprise	
	Centre, Venture	
Restorative Practice Deep Dive	House, Enterprise	17 8 18 March 2025 10:00 14:00
<u>(Two Day Course)</u>	Way, Wyberton	17 & 18 March 2025, 10:00—14:00
	Fen, Boston, PE21	
	7TW	

Understanding ADHD & FASD—From a Carer's Perspective



Attention Deficit Hyperactivity Disorder and Foetal Alcohol Spectrum Disorder.

Join us for an insightful online workshop hosted by an experienced foster carer, designed specifically for foster carers and professionals working with children who have ADHD and FASD. This engaging session will delve into the unique challenges and remarkable aspects of these two fascinating conditions, providing valuable insights and practical strategies to better support the children in your care.

<u>Understanding ADHD & FASD -</u> <u>From a Carer's Perspective</u>	Zoom	26 September 2024, 19:00—21:00 16 January 2025, 19:00—21:00
---	------	--



Virtual School Briefings

The Lincolnshire Virtual School team holds termly networking and information meeting for all early years, schools and

education settings to support and enhance your understanding and knowledge of the needs of our children and their families.

These informal termly meetings are led by Virtual School Education Progress Leads and include updates from the Virtual School Headteacher, invited speakers and CPD opportunities. They will also include discussions, sharing good practice and question and answer sessions on a range of relevant topics.

Virtual School Briefings are aimed at Designated Teachers, Assistant Designated Teachers, Senior Leaders and those in a role directly supporting children in care and those children previously in care.

Autumn Term 2024	ТВС	
Spring Term 2025	ТВС	
Summer Term 2025 - Virtual School Conference	Bishop Grosseteste University	4 July 2025

Governor Training

Supporting Children in Care & Previously Looked after Children

Governors and Trustees are invited to join the Virtual School team to learn more about their role and responsibilities in promoting educational outcomes for children in care and those previously looked after. In these sessions we will explore the potential impact of their experience both prior to and whilst in care and also look at the statutory responsibilities of the governing body or trust board and the Designated Teacher in school.

<u>Governor Training:</u> <u>Supporting Children in</u> <u>Care & Previously Looked</u> <u>After Children</u>	Microsoft Teams	10 October 2024, 10:00—12:00 5 February 2025, 19:00—21:00 22 April 2025, 10:00—12:00
--	-----------------	--

This is a FREE session for all school governors and trustees.





Lincolnshire Virtual School Conference 2025 4/7/25 - HOLD THE DATE!

Headteachers, Designated Teachers, DSLs and other education staff are invited to join us for a full day conference with inspirational speakers and good practice workshops!







Double Olympic Medallist & Care Experienced Campaigner FATIMA WHITBREAD MBE



Bishop Grosseteste University The Robert Hardy Building Longdales Road Lincoln LN1 3DY More deta

More details to follow!

Contacting the Virtual School

More information about the Virtual School can be found on the Lincolnshire County Council Website: <u>The virtual school – What is the virtual school? - Lincolnshire County Council</u>

For general enquiries regarding children in care, previously looked-after children or children with a social worker contact the virtual school on:

Telephone: 01522 550274

Email: virtualschool@lincolnshire.gov.uk



For Lincolnshire education and early years settings, Lincolnshire Foster Carers and Children's Services staff we also have a private Facebook group for Caring2Learn offering support, sharing ideas, good practice and information. Please click on the picture to access the group and request to join.

For any enquiries about training or workshops please contact us via email on:

virtualschooltraining@lincolnshire.gov.uk

WORKING IN PARTNERSHIP EMPOWERING MINDS CHAMPIONING ASPIRATIONS





