

# Virtual Autism Hub



**Lincolnshire's Virtual Autism Hub is a new source of autism support. Our service is there for non-clinical autism enquiry. We're here to empower autistic people and their parents/carers. We will work closely with community groups and organisations.**

## **Special Autism Navigators**

Our Specialist Autism Navigators work directly with autistic adults and parents/carers of autistic people of all ages. Their job is to help you access services and other local support.

This support is non-clinical and includes:

- advice
- signposting to support groups and services
- information about autism and diagnostic pathways
- practical support with tasks such as filling out forms or accompanying individuals going to their first meetings. This support is offered in a way that suits the individual.



**Information and guidance via email**

**Support on the phone or over video call**

**Face-to-face support across the county**

People can contact us directly via the published contact details. You do not need a referral or a formal diagnosis of autism to get help from us.

A Specialist Autism Navigator is on duty Monday-Friday 9am – 5pm. They can arrange to meet with you on weekday evenings and Saturday mornings if you are not available during the day.

Our navigators support parents/carers and autistic adults. We operate across Lincolnshire.

## Grants

We offer an annual grants programme to strengthen and expand local support groups for parents/carers and autistic adults.

The funding is targeted at volunteer-led groups in Lincolnshire.

The team link in closely with these groups and provide regular contact.



## Contact us

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[www.lpft.nhs.uk/virtual-autism-hub](http://www.lpft.nhs.uk/virtual-autism-hub)



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## **Lincolnshire Partnership NHS Foundation Trust Communications Team**

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