

**Hand Hygiene - HANDWASHING - Competency Assessment Form**  
**Infection Prevention & Control**

<b>Name:</b>	<b>Date:</b>		
<b>Name of Infection Prevention &amp; Control Assessor:</b> [Please print]			
The named individual has completed a hand hygiene competency assessment as outlined below, which supports the delivery of an Infection Prevention & Control Audit Programme.			
<b>CRITERIA - All criteria are to be met to pass this assessment</b>			
<b>HAND WASHING</b>	<table style="display: inline-table; border: none;"> <tr> <td style="background-color: #90EE90; padding: 5px;"><b>Achieved</b></td> <td style="background-color: #FF0000; padding: 5px;"><b>NOT Achieved</b></td> </tr> </table>	<b>Achieved</b>	<b>NOT Achieved</b>
<b>Achieved</b>	<b>NOT Achieved</b>		

**Hand Preparation:**

• Hands and wrists are free from watches and jewellery - plain band wedding rings are acceptable		
• Nails are short and without nail extensions, nail gel or nail varnish		
• Sleeves are short or rolled up to above elbow		
• Cuts are covered with a waterproof dressing		

**Hand washing technique:**

1. Hands are wet under continuously running water		
2. Dispensed liquid soap is used and applied to wet hands		
3. Hands are rubbed to create a lather		
4. The lather is rubbed over all surfaces of the hands for <b>10-15 seconds</b> , including the thumbs, between the fingers, fingertips and the wrist ( <b>demonstrating the 6 steps to effective hand hygiene technique</b> )		
5. Hand are rinsed thoroughly under running water		

**Drying of Hands:**

6. Taps are turned off using wrist/elbow levers or using a clean paper towel		
7. Hands are dried thoroughly using paper towels		

<b>ACHIEVED - Criteria met in full</b>	
<b>NOT ACHIEVED - Criteria <u>NOT</u> met in full</b> Action: Repeat assessment in 4 weeks	
<b>Rationale for criteria NOT being met:</b>	

<b>Signature of IPC Assessor:</b>