

Identifying Visual Tool



What is currently happening or showing:

What can we see that's happening with the child or young person? What are they having difficulties with? This might be things they do, or ways they behave, that show us something might not be quite right.



Things from your past or background that make something more likely:

What things about the child or young person make them more likely to have these issues? It might be things that happened in the past, or personal characteristics.



The trigger or event that sets something off:

What recent events or changes have set off these issues for the child or young person? It could be a big change at home, incidents of bullying or an argument with a friend.



Things that keep an issue going or make it last longer:

What things keep the problem going? This might be things the child or young person keeps doing, or ways they keep thinking, that don't help with the issues they are having.



Things that help guard or shield you from harm or problems:

What things help the child or young person deal with these issues? It could be their strengths, people who support them, or good things happening in their life.



Starting point of an idea based on initial evidence:

Your best idea about the problem, an idea you will test.